



APRIL 13TH - 2025 EVENT BOOKLET



KIDS 400M KIDS 2KM 3.5KM 7KM

BIB COLLECTION FRIDAY 11TH OF APRIL

10 A.M. - 4:00 P.M - THE TAX CENTRE, OLDAKER STREET, DEVONPORT

SATURDAY 12TH OF APRIL

10 A.M. - 4:00 P.M - THE TAX CENTRE, OLDAKER STREET, DEVONPORT

SUNDAY 13TH OF APRIL

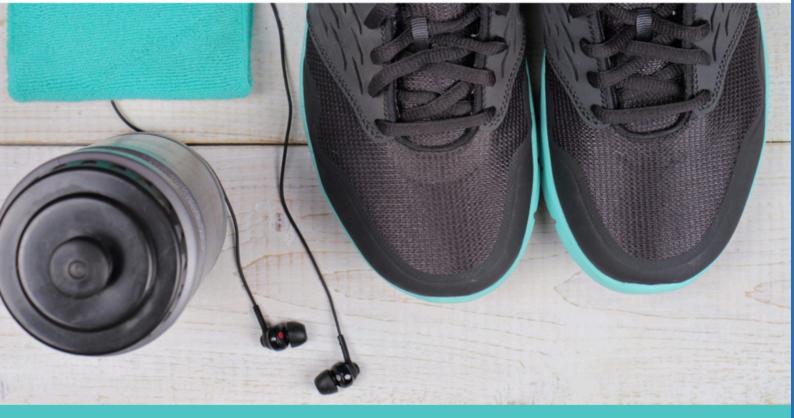
FROM 6:00 A.M. DON RIVER RAILWAY, DEVONPORT





7KM | 3.5 KM | 2KM | KIDS 400M





private: personal: professional

Specialising in tailored exercise sessions and small group classes

no mirrors: no crowds



www.empowerexercise.com.au

TIMETABLE OF EVENTS

8:00 A.M. - 3.5KM 9:00 A.M. - 7KM 10:00 A.M. - 2KM 10:30 AM - KIDS 400M







7KM | 3.5 KM | 2KM | KIDS 400M





USE THE CODE EVERYDAYLIONS TO RECEIVE 10% OFF

WWW.SPORTSBEER.COM.AU

The Great Train Race schedule

3.5 km Great Train Race. (Spectators board same train)

7:15 a.m. - 3.5 km participants can the board train

7:30 a.m. - 3.5 km participants train leaves the Don River Railway and makes it way to Coles Beach.

7:45 a.m. - The train arrives at Coles Beach

8:00 a.m. - 3.5 km event starts and runners make their way to Don River Railway.

7 km Spectator Train

8:45 a.m. spectators can board the train

9:00 a.m. sharp the train leaves station and make it way from Don River Railway to Coles Beach. and return.

7 km Great Train Race

9:00 a.m. - 7 km event Starts at the Don River Railway and participants make their way to Coles Beach and return to Don River Railway. (out and back)

2km Great Train Race

10:00 a.m. – 2 km Kids race starts from Don River Railway and turns half way along the zig zag Don walking track (1 km) and returns back to Don River Railway. (out and back)

400m Kids Great Train Race

10:30 a.m. – 400m kids race starts from Don River Railway and turns just before the Don Cricket Club nets and returns back to railway. (out and back)

Presentations

11:00 a.m. - Presentations and Random draw inside the Don River Railway Courtyard.

End of programme.

MORE INFO CAN BE FOUND AT WWW.THEGREATTRAINRACE.COM











Gluten Free Ice Cream

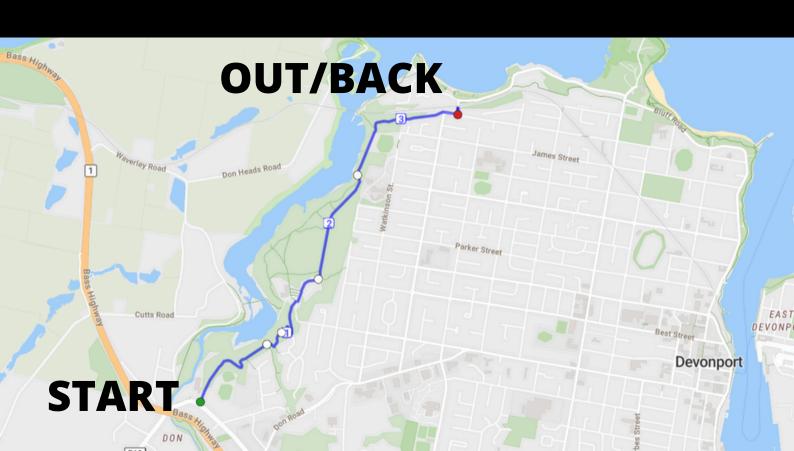




7KM GREAT TRAIN COURSE









DECREASES MUSCLE PAIN

Available from your local pharmacy, Coles, Woolworths and Chemist Warehouse.



Always read the label and follow the directions for use.



PROUD PARTNER OF EVERYDAY
LIONS EVENTS

3.5 GREAT TRAIN COURSE









LIGHTING UP THE NIGHT SKY

AUSTRALIA DAY COMMUNITY EVENT OF THE YEAR

REGISTRATION'S OPENING UP
SOON.....

WWW.THELIGHTNIGHTGLOWRUN.COM

2KM KM GREAT TRAIN RACE





RUN STRONGER, RUN LONGER WITH TAILWIND NUTRITION

Enjoy 15% off your next purchase*

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*APPLIES TO ALL NON DISCOUNTED NUTRITION PRODUCTS



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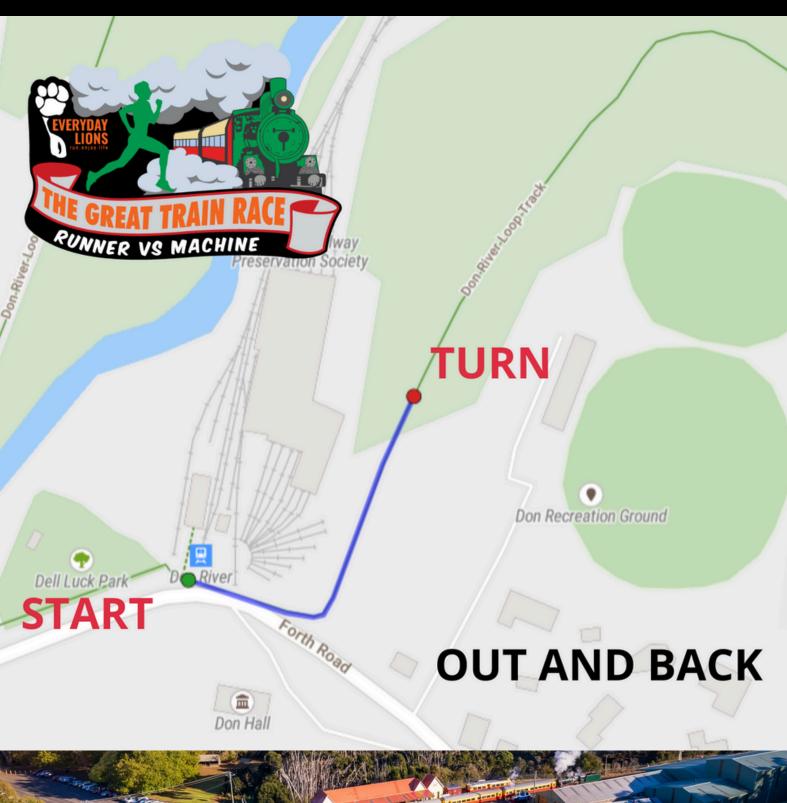
LAUNCESTONRUNNINGFESTIVAL.COM.AU

McGrath Puchceston & TAMAR & Dasics B

NUTRITION



KIDS 400M GREAT TRAIN RACE





COMFORT FOR EVERY DISTANCE AUTOPILOT



~ TARKINE

AUSTRALIA'S RUNNING SHOE CO.

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EVERYDAY LIONS

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- www.everydaylions.org
- Devonport
- f facebook.com/Everydaylions

FAMILY AND INDIVIDUAL GROUP TRAINING OPTIONS IN PORT SORELL AND DEVONPORT



MONDAY | TUESDAY | WEDNESDAY AND THURSDAY

VIRTUAL RUN





Runners and walkers will be able to complete the Great Train Race virtually.

We will accept a photo or screen shot of your result from your watch or any other social media GPS running platform.

These could be – Strava, Garmin Connect or Map My Run.

You will have from the 7th of April to 13th of April, 2025 (11:59 P.M) to complete your event distance,

You will be required to submit your result via the BAREFOOT Timing email address

bruce@barefootsport.co.nz









BAG DROP

Yes, you will be able to safely leave your bags during the Great Train Race while you are running / walking.

There will be gazebo at the start/finish line that will have someone looking after these bags.

You will be required to take the rip off tag off your race bib and put in on your bag.

OFFICIAL RACE DRINK





Hartz Water is the official "race drink" of Everyday Lions Events. Participants will receive 1 bottle of water when finishing their event.

TASMANIAN'S FINEST MINERAL WATER.

SPECTATOR TRAIN TICKETS

THESE ARE AVAILABLE THROUGH OUR RACE ROSTER REGISTRATION PLATFORM FOR BOTH THE 3.5KM AND 7KM EVENTS

\$14:00







10KM | 21.1 KM | 42.2KM | 64KM

OCTOBER 5TH, 2025

ENTRIES OPENING UP SOON......

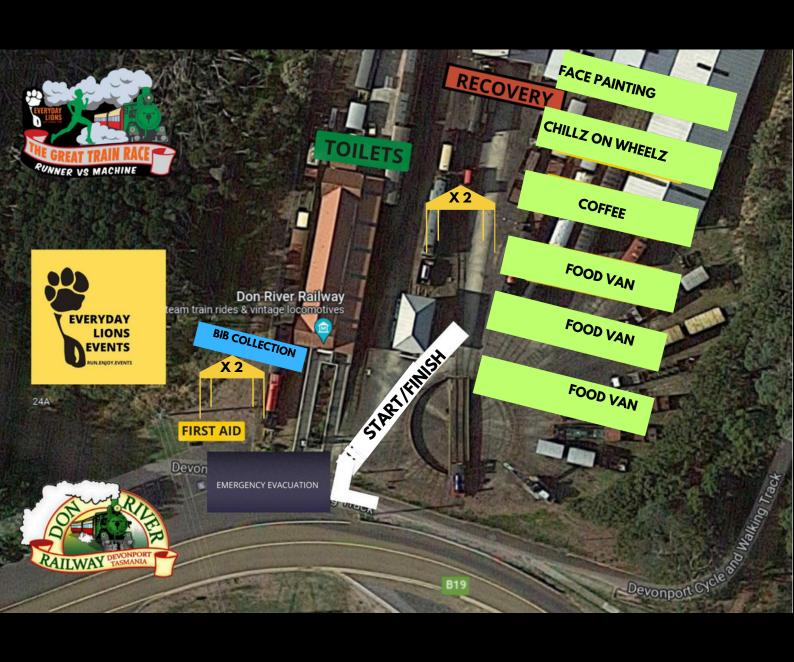
WWW.COASTALPATHWAYULTRA.COM



WHAT TIME DO I HAVE TO RUN TO BEAT THE TRAIN ??



SITEMAP





SITEMAP



3.5KM START

TOILETS

The toilets, including accessible are situated at the Don hall, Don River Railway and Don Rugby Club

These will be available from 6:30 a.m until 12:00 p.m. event day.



LATE ENTRIES

Online entries can be taken 45 MINUTES before any of our events starting

You can enter via www.thegreattrainrace.com



SOCIAL MEDIA

We ask for you to use #runnervstream2025 if you post about our event on either Instagram or Facebook.

INSTAGRAM- @ every day lions great train race

FACEBOOK WWW.FACEBOOK.COM/EVERYDAYLIONSGREATT
RAINRACE







Your results will be collaborated by BAREFOOT TIMING.

These be available live during the event.

Particpants will receive a timing splits at the finish line. You can download your results post event at

https://events.barefootsport.co.nz/event/1118/results

PACING & FOOT SOLDIERS

Great Train Race

TRR ANGELS + FOOT SOLDIER



7 km Event

4:35-45 min/km ("Train") 5:00 min/km (35 min) 6:00 min/km (42 min) 6:30 min/km (45:30 min)

Foot Soldier (they come last, so you don't have to!)

PARKING



Please refrain from parking at Don Market during our event. This is reserved for market patrons and stall holders.



We have allocated parking at the Don Cricket, Rugby Car park and the Don railway station. (Accessible parking available)

Please respect our request.

Thank you, Everyday Lions Events



MAJOR SPONSOR





EVENT NAMING SPONSOR



EVENT PARTNERS















THANK YOU FOR TAKING PART IN 2025 EDITION OF THE GREAT TRAIN RACE

THIS EVENT IS
PROUDLY
OWNED AND
OPERATED BY
EVERYDAY LIONS
EVENTS













WWW.EVERYDAYLIONSEVENTS.ORG